

Nutrition Puzzle for PJN May - August - 2016

**Rajalakshmy.P*

1			7			
	2					
						8
		3 6				
4						
5						

Across

1. Milk-curling enzyme present in gastric juice(6)
2. The watery portion of milk after removal curd or fat(4)
3. Which organ consume 5gms of CHO/hr for energy source (5)
4. Iodine deficiency(6)
5. BMI above 30 in common term(5)

Down

6. Abbreviation help to measure the health(3)
7. Inflammation in kidney(9)
8. Iron deficiency cause(7)